I CLAIM:

- 1. A method of producing heat energy, comprising the steps of: providing a container for receiving an electrolyte composition, a cathode and an anode; forming an electrolyte composition comprising D₂O and an ionizable acid;
- placing a sufficient amount of the electrolyte composition in the container to at least partially cover a cathode made from a metal selected from the group consisting of nonhydride forming metals and to at least partially cover an inert anode situated inside the container;

connecting the cathode and anode to a source of electricity; and applying a voltage across the cathode and anode.

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- 2. The method according to claim 1 wherein the cathode is made from a metal selected from the group consisting of palladium, platinum and titanium.
- 3. The method of claim 1 wherein the electrolyte during the application of voltage is held within a container and wherein said container bounds a space above the electrolyte, said space providing a region for the recombining of gases produced during the electrolysis.
 - 4. The method of claim 1 wherein a catalyst is provided within said region catalyzing the recombining of gases produced by the electrolysis.

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- 5. The method according to claim 1 wherein the cathode is made from palladium.
- 6. The method according to claim 5 wherein the size of the cathode is about 1 cm².
- The method according to claim 1 wherein the cathode is made from titanium.
 - 8. The method according to claim 1 wherein the inert anode is a platinum anode.
- 9. The method according to claim 1 wherein the electrolyte composition consists 30 essentially of D₂O and about 15% sulfuric acid by volume.

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- 10. The method according to claim 9 wherein the cathode is made from palladium or titanium.
- providing a container for receiving an electrolyte composition, a cathode and an anode; forming an electrolyte composition comprising D₂O and sulfuric acid; placing a sufficient amount of the electrolyte composition in a container to at least partially cover a cathode made from a metal selected from the group consisting of nonhydride forming metals and to at least partially cover an inert anode situated inside the container; connecting said cathode and anode to a source of electricity; and applying a voltage of about 3.5 volts across the cathode and anode.
- 12. A method of producing heat energy, comprising the steps of:

 providing a container for receiving an electrolyte composition, a cathode and an anode;

 forming an electrolyte composition consisting essentially of D₂O and 15% by volume sulfuric acid;

placing a sufficient amount of the electrolyte composition in a container to at least partially cover a palladium or titanium cathode and an inert anode situated inside the container, wherein the container bounds a space above said electrolyte composition;

connecting said cathode and anode to a source of electricity;

applying a voltage across the cathode and anode; and

providing a catalyst within the space above the electrolyte composition to catalyze the
recombination of gases produced by the electrolyte.